

# The role of small molecules in stem cell biology

## Overview

Stem cells have many potential applications in medicine - ranging from their inclusion in disease modeling and drug discovery to cell transplantation and regenerative therapies. Challenges in the field include developing methods to control stem cell differentiation, allogeneic rejection and limited cell availability. A growing range of small molecules has been identified that can be used both in vitro and in vivo as tools to expand stem cells, direct their differentiation, or reprogram somatic cells to a more naive state. These molecules can also provide useful information regarding the signaling and epigenetic mechanisms that regulate stem cell biology. This mini review highlights the applications and advantages of small molecules in key areas of stem cell biology including reprogramming, self renewal, differentiation and proliferation.



## Stem cells – the basics

Stem cells are unspecialized cells that are characterized by their ability to self-renew and differentiate. They can divide into cells that bear characteristics identical to themselves (self-renewal), or they can change into specialized cells with a more limited developmental potential, (differentiation). Stem cells exist both in embryos and adults. Stem cells that are derived from distinct developmental stages may display different developmental potential:

**Totipotent stem cells** have the potential to generate an entire functional organism, including not only the embryo but also the extra-embryonic tissues. Examples of totipotent cells are the fertilized eggs and early embryonic cells of mammals.

**Pluripotent stem cells (PSCs)** can give rise to all the cell types of the entire embryo but not the extraembryonic tissues, such as placenta. Examples of pluripotent stem cells include:

**Embryonic stem cells (ESCs):** derived from the inner cell mass of preimplantation embryos <sup>1</sup>, and epiblast stem cells (EpiSCs)

derived from the epiblast layer of the implanted embryos <sup>2</sup>

**Induced pluripotent stem cells (iPSCs):** generated from somatic cells by reprogramming <sup>3</sup>.

**Multipotent stem cells** have the capacity to develop into different cell types within the same cell lineage and are, therefore, also referred to as lineage-specific stem cells or progenitors. An example would be hematopoietic stem cells in bone marrow, which can give rise to all types of blood cell and replenish peripheral blood.

## The advantages of using small molecules in stem cell biology

Over recent years, small molecules have emerged as essential tools for understanding and regulating stem cells, and manipulating stem cell fate. They can have wide-ranging effects - from reprogramming, expansion or directed differentiation of stem cells, to therapeutic effects in in vivo disease models, and survival, ablation, or migration of cancer cells.

*Continued overleaf...*

### GLOSSARY:

- **Self renewal:** the process of a stem cell dividing to produce at least one copy of itself.
- **Proliferation:** when a cell multiplies but does not change its cell type
- **Differentiation:** when a stem cell or progenitor cell changes into a specific cell type
- **Dedifferentiation:** where a differentiated cell reverts back to a progenitor cell
- **Transdifferentiation:** where a differentiated cell converts to a distinct differentiated cell type

Small molecules have advantages over genetic and other methods:

- they are able to reversibly alter specific functions of a single protein (or multiple proteins) with good temporal control. This is a useful feature, as differentiation into a given lineage is dependent upon a specific sequence of cellular events.
- they can be used in primary cell assays and easily adapted into in vivo models
- small molecules can be cell permeable and affect signaling pathways and processes within the cell
- they are more stable and cost-effective than growth factors
- small molecules can be of high purity and provide robust reproducible results, with little batch to batch variation in activity
- the actions of small molecules are concentration dependent – allowing flexibility in the effects achieved
- Small molecules can be used as chemical probes to further our understanding of the mechanisms that control developmental potential and cell fate.

## Use of small molecules for reprogramming

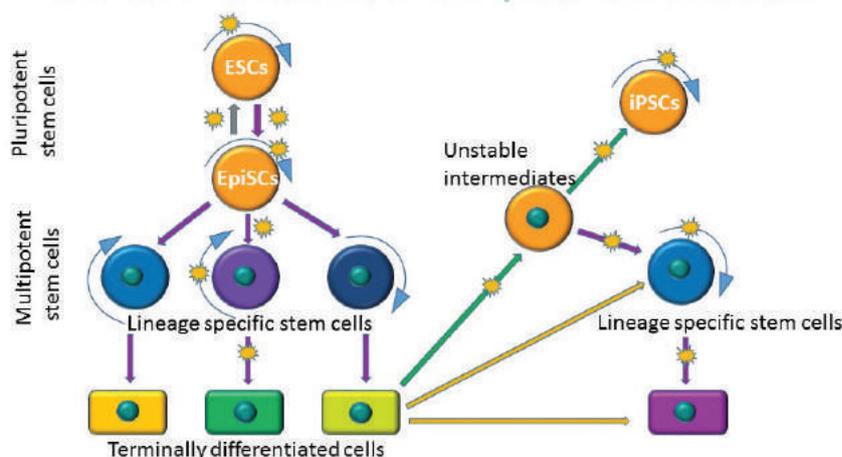
iPS cells have traditionally been generated through exogenous expression of pluripotency genes via viral or episomal vectors but these methods are inefficient, taking weeks to produce small numbers of cells. Additionally, for iPS cell-based therapies to be considered for use in medicine, the use of retroviruses and transcription factors associated with tumorigenesis must also be eliminated. Small molecules can greatly enhance the efficiency of generating iPS cell lines and also reduce or eliminate the need for genetic factors:

For example, [PD0325901](#), [Thiazovivin](#), and [SB431542](#) used in combination, can significantly increase the efficiency of reprogramming human fibroblasts to iPS cells <sup>5</sup>.

## How can small molecules manipulate stem cell fate?

The adjacent figure shows the processes that can be affected by small molecules and that can modify or manipulate stem cell fate. Small molecules can modify stem cell self-renewal, and induction of lineage-specific differentiation. They can also have an impact on iPSC reprogramming - they can replace certain transcription factors, enhance the efficiency of reprogramming or accelerate the reprogramming process. The conversion of primed pluripotent stem cells into naive stem cells can also be facilitated by small molecules.

Transdifferentiation can occur when one somatic cell type converts into another, bypassing pluripotency. It can be mediated either by lineage-specific factors (transdifferentiation I in the figure below) or the restricted reprogramming and subsequent lineage-specific differentiation (transdifferentiation II in the figure below). This latter process can also potentially be affected by small molecules known to be involved in reprogramming and differentiation ([see 4 for review](#))



### Key to symbols:

- ☀ Potential for small molecule interaction
- ↻ Self renewal
- Differentiation
- Conversion
- Reprogramming
- TransdifferentiationI
- TransdifferentiationII

Abbreviations:

**ESCs:** embryonic stem cells **EpiSCs:** epiblast stem cells

**iPSCs:** induced pluripotent stem cells Figure adapted from Zhang et al (2012) J Cell Sci 125; 5609

HDAC inhibitors [Valproic acid](#) and [Trichostatin A](#) both enhance the yield of iPS cells using the four-factor dedifferentiation method. Using the DNA methyl transferase inhibitor, [5-azacytidine](#), can result in a yield 100-fold higher than the four-factor method alone <sup>6</sup>.

Substantial progress has been made in discovering small molecule compounds that maintain pluripotency by functionally replacing one of the distinct reprogramming transcription factors. These molecules can also enhance the efficiency of reprogramming and accelerate the reprogramming process. [Valproic acid](#) has also been shown to enhance three-

factor reprogramming (minus c-Myc) and two-factor reprogramming (without c-Myc and Klf4) <sup>7</sup>.

Small molecules have been shown to be useful in generating high quality iPSCs without genetic defects, preserving the genomic integrity by facilitating the reprogramming process <sup>8</sup>.

Reducing the reliance on genetic methods, it is possible to reprogram mouse fibroblasts without the use of any genetic manipulation by using a combination of small molecules including [CHIR99021](#), [Forskolin](#), [Tranylcypromine](#), [Valproic Acid](#), and [3-Deazaneplanocin A](#) <sup>9</sup>.

## Table 1: Small molecules that promote somatic cell reprogramming

M=mouse; H=human

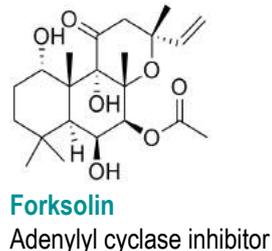
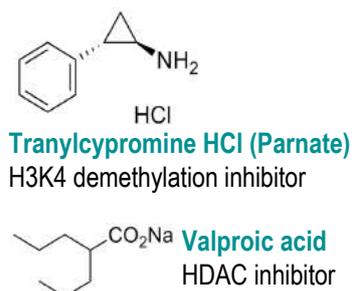
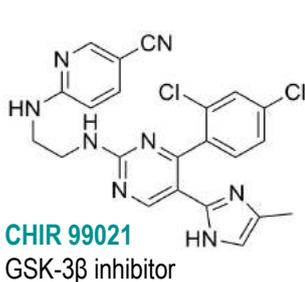
Cat No	Name	Compound overview	Effects on reprogramming	Concentration	Host animal	References
<b>TGFβ receptor inhibitors</b>						
HB3301	RepSox (E-616452)	TGF-β inhibitor	Able to replace Sox2	1 μM	M,H	<a href="#">10</a> , <a href="#">11</a>
HB3218	A 83-01	TGF-β inhibitor	Enhances reprogramming	0.5 μM	M,H	<a href="#">12</a> , <a href="#">13</a>
HB3555	SB 431542	TGF-β inhibitor	Enhances reprogramming	2 μM	M,H	<a href="#">14</a>
<b>GSK-3β inhibitors</b>						
HB1261	CHIR 99021	GSK-3β inhibitor and Wnt signaling activator	Able to replace Sox2	3-10 μM	M,H	<a href="#">14</a> , <a href="#">15</a>
HB1266	Kenpaullone	GSK-3/CDKs inhibitor	Able to replace Klf4	5 μM	M	<a href="#">16</a>
<b>MEK inhibitors</b>						
HB2240	PD 0325901	MEK inhibitor	Enhances reprogramming	0.5-1 μM	M,H	<a href="#">17</a>
<b>cAMP agonists</b>						
HB1348	Forskolin	Adenylyl cyclase agonist. Increases cAMP levels.	Able to replace Oct4 (with 2-Me-5HT & D4476)		M	<a href="#">9</a>
HB3460	Prostaglandin E2	Prostaglandin E2 receptor 4 agonist. Increases cAMP levels.	Enhances reprogramming	5 μM	M	<a href="#">9</a>
<b>Sonic hedgehog signaling activators</b>						
HB3179	JK 184 (Shh antagonist)	Sonic hedgehog signaling inhibitor	Able to replace Sox2, Klf4, c-Myc	500 ng/ml	M	<a href="#">18</a>
<b>Histone deacetylase (HDAC) inhibitors</b>						
HB1399	Sodium butyrate (NaB)	HDAC inhibitor	Enhances reprogramming	0.5-1 mM	M,H	<a href="#">19</a>
HB0867	Valproic acid sodium salt (VPA)	HDAC inhibitor	Enhances reprogramming. Also able to replace c-Myc/Klf4 in human fibroblasts	0.5-2 mM	M,H	<a href="#">20</a> , <a href="#">7</a> , <a href="#">15</a>
HB1396	SAHA	HDAC inhibitor	Enhances reprogramming	5 μM	M	<a href="#">20</a>

**Table 1 (cont'd): Small molecules that promote somatic cell reprogramming**

M=mouse; H=human

Cat No	Name	Compound overview	Effects on reprogramming	Concentration	Host animal	References
HB1402	Trichostatin A (TSA)	HDAC inhibitor	Enhances reprogramming	20 nM	M	<a href="#">20</a>
HB1412	Parnate	H3K4 demethylation inhibitor	Enhances reprogramming	5-10 $\mu$ M	M	<a href="#">14</a>
HB1356	5-aza-2'-deoxycytidine (Decitabine)	DNMT inhibitor	Enhances reprogramming	0.5 mM	M	<a href="#">21</a> , <a href="#">22</a>
HB1377	RG 108	DNMT inhibitor	Able to replace Sox2 (with BIX 01294) or Oct4	0.04-500 $\mu$ M	M	<a href="#">23</a> , <a href="#">24</a> , <a href="#">14</a>
<b>Histone methyltransferase (HMT) inhibitor</b>						
HB1413	BIX 01294	G9a HMTase inhibitor	Enhances reprogramming. Also able to replace Oct4	0.5-2 $\mu$ M	M	<a href="#">17</a>
<b>Src family tyrosine kinase inhibitors</b>						
HB1334	PP 1	Src family tyrosine kinase inhibitor	Able to replace Sox2	10 $\mu$ M	M	<a href="#">25</a>
<b>Miscellaneous</b>						
HB0758	AMI-5 (Eosin Y)	Protein arginine methyltransferase inhibitor	Able to replace Sox2, Klf4 (with A-83-01)	5 $\mu$ M	M	<a href="#">13</a>
HB2167	D 4476	CK1 inhibitor	Able to replace Oct4 (with Forskolin & 2-Me-5HT)	5 $\mu$ M	M	<a href="#">9</a>
HB2779	Rapamycin	mTOR inhibitor	Enhances reprogramming	0.3 nM	M	<a href="#">26</a>
HB0542	Quercetin	Hypoxia inducible factor (HIF) pathway activator	Enhances reprogramming	1 $\mu$ M	H	<a href="#">12</a>
HB1209	( $\pm$ )-Bay K 8644	L-type Ca <sup>2+</sup> channel agonist	Able to replace Sox2	2 $\mu$ M	M	<a href="#">23</a>

Structures of small molecules used in combination to reprogram mouse fibroblasts without the use of any genetic manipulation.



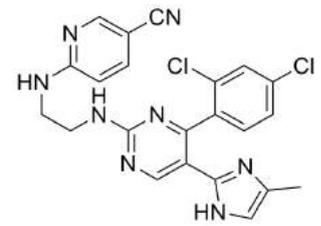
## Effects of small molecules on self-renewal

Maintaining stem cells in defined culture systems is important as it helps to reduce experimental variability. To promote self renewal, it is common practice to add basic FGF into the medium, when culturing human ES cells and culture the cells on a 'feeder layer' of mouse embryonic fibroblasts (MEFs) or in conditioned media. However, the use of serum products and feeder layers has some disadvantages:

- Feeder layers may restrict the use of human ES cells in therapeutic settings due to concern of xenogenic contamination; increasing the variability of results, and limiting use on a large scale.
- Batch to batch variability can be a problem when using serum products
- The use of serum products and feeder layers may also bias stem cell fate toward specific lineage types, through the activation of certain signaling pathways<sup>27</sup>
- Small molecules can reduce or eliminate the need for serum products and feeder layers. For example:

Pluripotin is a small molecule that promotes the long-term maintenance of mouse ES cells without the need for feeder layers, LIF, BMPs or Wnt proteins<sup>28</sup>. ID 8 is another small molecule that promotes mouse ES cell proliferation in serum free conditions<sup>29</sup>.

Small molecules such as CHIR99021 (a GSK-3 $\beta$  inhibitor that suppresses the Wnt pathway), PD0325901 (which inhibits the MEK pathway), and SB 203580 can stimulate self-renewal of embryonic stem (ES) cells and induced pluripotent stem (iPS) cells<sup>30</sup>.



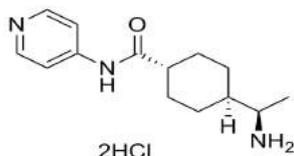
**CHIR 99021**  
GSK-3 $\beta$  inhibitor

**Table 2: Small molecules that affect pluripotent stem cell self-renewal and maintenance**

Cat No	Name	Overview	Target Cell
HB1261	CHIR 99021	Inhibits GSK-3. Promotes self-renewal.	mESC
HB1259	BIO	Inhibits GSK-3. Activates Wnt signaling and maintains ESC self-renewal.	hESC and mESC
HB3240	Thiazovivin	Inhibits ROCK. Enhances ESC survival.	hESC
HB3133	SU 5402	Inhibits FGFR. Maintains self-renewal.	mESC
HB2223	Pluripotin (SC-1)	Inhibits RasGAP and ERK1. Promotes self-renewal.	mESC
HB1302	SB 203580	Inhibits P38-MAPK. Promotes mESC survival.	mESC
HB3282	IQ 1	Binds to PP2A. Decreases p300 phosphorylation and maintains mES cells in an undifferentiated state.	mESC

## Small molecules can increase the survival of single cells

The low viability of single cells in cultured human pluripotent stem cells makes genome-editing and cloning techniques difficult. ROCK inhibitors Y-27632<sup>32</sup> and Thiazovivin have been shown to increase survival of single human embryonic stem cells through inhibition of RHO/ROCK signaling<sup>31</sup>.



**Y-27632 dihydrochloride**  
ROCK inhibitor

## Small molecules can control differentiation and proliferation

Small molecules provide an effective way of controlling cellular differentiation, reducing the need for more expensive growth factors. By using small molecules to selectively activate and inhibit specific developmental signalling pathways, it is possible to induce differentiation of pluripotent stem cells to specialized cell types. These developmental pathways include:

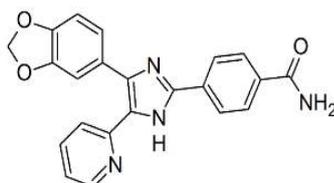
### The retinoic acid pathway

The synthetic retinoid EC23 is an example of a small molecule, acting through this pathway, that is a potent inducer of stem cell differentiation<sup>33</sup>.

### Transforming Growth Factor- $\beta$ Superfamily

SB431542 is an inhibitor that targets the TGF- $\beta$  superfamily and is an important tool in stem cell biology – it acts by inhibiting activin receptor-like kinases 4, 5 and 7 (ALK4, TGF- $\beta$ R1 and ALK7 respectively), and has effects on proliferation, differentiation and promotion of sheet formation of endothelial cells

derived from ES cells<sup>34</sup>. It also promotes differentiation of glioblastoma CS cells<sup>11</sup>. More recently it has been shown that inhibition of Activin/Nodal/TGF- $\beta$  and BMP signaling pathways by SB431542 together with Dorsomorphin induces neuronal differentiation of human adipose derived stem cells<sup>35</sup>.



**SB 431542**  
Potent selective TGF- $\beta$ R1 ALK5, ALK4, ALK7 inhibitor

### Canonical Wnt Pathway

This signaling pathway has a significant and well documented role in proliferation, self-renewal and differentiation of stem cells<sup>36, 37</sup>. Abberation of this pathway can result in tumorigenesis, due to increased activation leading to increased cellular proliferation. In terms of small molecules, GSK-3 $\beta$  inhibitor CHIR99021 is commonly used to efficiently direct human pluripotent stem cells (hPSCs) to functional cardiomyocytes in a completely defined, growth factor- and serum-free system by modulating canonical Wnt signalling<sup>38</sup>. IWP-2, another WNT pathway inhibitor induces cardiomyocyte differentiation in pluripotent stem cell-generated mesoderm<sup>38</sup>.

Kunisada and colleagues developed a protocol for generating insulin-producing cells from hiPS cells and showed that treatment with Activin A and CHIR99021 enhanced efficient endodermal differentiation. They also demonstrated that small molecules Forskolin, Dexamethasone, and SB431542 (a TGF- $\beta$  inhibitor), were able to induce the differentiation of insulin-producing cells from pancreatic progenitor cells<sup>39</sup>.

### Notch signaling pathway

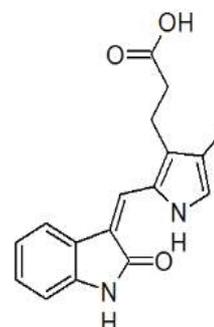
Notch pathway inhibitor DAPT has recently been shown to promote differentiation of neural stem/progenitor cells into neurons<sup>40</sup> and to promote cardiac differentiation of murine pluripotent stem cells<sup>41</sup>.

### Other signaling pathways: Hedgehog and FGFs

The Hedgehog signaling pathway: Hedgehog (Hh) signaling is essential for self-renewal and cell fate determination. Dysfunctional Hh signaling is associated with the development and progression of various types of cancer and is implicated in multiple aspects of tumorigenesis, including the maintenance of cancer stem cells<sup>42</sup>. Examples of small molecules that act on Hh signaling pathways include Cyclopamine and GANT61.

Fibroblast growth factors (FGFs) play a key role in the proliferation and differentiation of a variety of cells, and can activate the MAPK/ERK pathway through MEK (MAPK/ERK kinase) activation. PD0325901 a small molecule MEK (MAP3 kinase) inhibitor, promotes the efficiency of mouse and human iPSC (miPSC, hiPSC) reprogramming and late somatic cell reprogramming (after Oct4 activation). PD0325901 also inhibits the growth of non-iPSC colonies and supports the growth of reprogrammed iPSCs<sup>43</sup>. Small molecule inhibitors of the FGF receptor itself include PD 173074.

SU 5402 is a potent FGFR and VEGFR inhibitor that attenuates integrin  $\beta$ 4-induced neural stem cell differentiation.



**SU 5402**  
Potent FGFR and VEGFR inhibitor

**Table 3: Small molecules that regulate differentiation**

Cat No	Name	Overview	Target Cell
HB2266	LY 294002 hydrochloride	Inhibits PI3K. Promotes differentiation to mesoderm.	hESC and mESC
HB2800	Dorsomorphin dihydrochloride (Compound C)	Inhibits BMP. Promotes neural differentiation.	hESC and hiPSC
HB1237	Verapamil hydrochloride	Blocks L-type Ca <sup>2+</sup> channels. Promotes cardiomyocyte differentiation.	mESC
HB3011	Stauprimide	Inhibits NME2 nuclear localization and downregulates c-Myc. Enhances endoderm, ectoderm and mesoderm differentiation.	mESC and hESC
HB0002	(-)-Indolactam V	Activates PKC signaling. Promotes pancreatic differentiation.	hESC and mESC

## Targeting multiple pathways – cocktails of small molecules

In many instances, combining small molecules targeting multiple pathways essential for development has been shown to be an effective approach for inducing differentiation. For example, a combination of SB431542, LDN-193189, CHIR99021, and SU5402 (inhibiting FGFR and VEGFR), and DAPT (inhibiting  $\gamma$ -secretase) induced differentiation of hPSCs into nociceptor neurons in a much accelerated manner with >75% efficiency within 10 days<sup>44</sup>.

## Summary

To summarise, the development and use of small molecules is an exciting branch of stem cell biology – offering the researcher opportunities to improve reprogramming efficiency, self-renewal, control differentiation and proliferation as well as providing crucial insights into the signaling and epigenetic mechanisms that regulate stem cell biology.

For more information on the Hello Bio range of small molecules for stem cell research, just visit:

[www.hellobio.com/stem-cell-research-tools](http://www.hellobio.com/stem-cell-research-tools)



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KYS Technology

T 02-2911-5233 F 02-2911-6855 E info@kyst.com.tw www.kyst.com.tw